



Baldivis
Secondary College

NEWSLETTER

For more photographs please visit our website



DADS AND KIDS CAMPOUT PAGE 6

E-NEWSLETTER INTRODUCTION

It is a pleasure to bring you the latest edition of the BSC e-newsletter. So many great events and initiatives happening that we sometimes forget how much is achieved until you sit back and reflect.

2013 has been an enormous year for our students and staff and we are immensely proud of where we are today and the future we have in store for the college community. Over the past few weeks we have had the year 7 students (and some Year 6s) from our partner primary schools co-located at the college for an immersion program to get them ready and prepared for secondary school in 2014. They have participated in a variety of activities and socialised with our current Year 8 students and are now in a much better and more comfortable position to commence next year. We hope that we have been able to take some of that usual anxiety away for them. All students have been reminded of a number of things they need to do or be mindful of for both their own safety and their sense of respect for self, others and the environment. Students have been reminded to obey road rules and also to wear their helmets when riding to and from school. We have instructed students to cross Stillwater Drive at the crosswalk at the college front gates. This way we are able to restrict road crossings to an area we are better able to monitor. The police have been asked to monitor this area as well to assist in keeping it a safe zone for students. We have a high standard and expectation of each of us in the BSC community. This is also why we have recently

reminded students how best to wear their required uniform and to present themselves in an appropriate manner. We have had several students take to writing on their arms and legs which is unsightly and could pose a health risk. We ask parents to help monitor this as are we. Litter around the college has increased and we are reminding students of the requirement to use bins and place all rubbish in them. Some rubbish unfortunately blows on to the college grounds from the building sites around the college and some students have been very helpful in volunteering to help clean some of that up.

Our Year 8 students are looking to close out the 2013 school year with a flurry of activity and a positive attitude. They have examinations to complete and assignments are fast coming to an end. Various projects are needing to be finalised and submitted. We are looking to organise a great final day of activities at our adopted beach in Safety Bay and provide an evening of dance and celebration for our students. The articles contained within are just a small representation of the many things happening around the college.

Kind regards, Keith Svendsen - Principal

ANZAC ESSAY COMPETITION

In the September edition of the e-newsletter we wrote about the AEP excursion to King's Park and the State Library of WA, as part of their enrichment and extension program in Society and Environment. Using their learning from the excursion related to the Western Australian wartime experience, and their skills in research and writing, the students were set the task of preparing a 1000 word essay on the following topic question:

While every Australian student is brought up knowing the story of Gallipoli and the legend of the first Anzacs, Australian service men and women have also been involved in conflicts that are less familiar to younger Western Australians.

"Identify and examine a conflict or single military action involving Australians, from the period 1915 to the present day, which you consider deserves greater public awareness. What makes this story an important one to share with other Western Australians?"

This elite competition is open to all students across Western Australia from years 8 – 11, with an overseas history and commemorative study tour to Malaysia in late April 2014 to learn more about the role and experience of Australians in the region during World War Two, the Malayan Emergency (1950-1960) and the Malaysian-Indonesian Confrontation (1963-1966).

A significant amount of work was put into the research and writing by the students, and an exceptionally pleasing set of essays were submitted for school level judging. The three preliminary finalists entered from Baldyvis Secondary College were Ashleigh Webber, Jessica Crook and Phum'zile Mtetwa. Ashleigh's essay told the story of the Bangka Island massacre, during World War II; Jessica discussed why the Korean War should have a greater profile today, and Phum'zile wrote about the Battle of Kapyong during the Korean War. All three students have been highly commended by the state judges for the quality of their work, the exceptional level of research demonstrated, and their technical skills in constructing an essay and incorporating correct referencing.

We were very excited to recently learn that Ashleigh Webber has been announced as one of 22 state finalists, from 445 entries across the state. Ashleigh now proceeds to the final stage of judging, which includes a 5 minute presentation about her topic and a 20 minute interview with a panel. This is a remarkable achievement and we are extremely proud of her efforts. Congratulations Ashleigh.

Ms Bermingham

ECONOMICS COMES ALIVE

The concept of opportunity cost (passing up one opportunity for another) the students were each handed \$20 worth of monopoly money. There were a number of items up for 'sale' such as sunglasses, pens, pencils, notebooks and vouchers for students to use in the classroom. They were forced to make an economic decision about what products they would 'buy' and how much they would 'pay' for the items with their limited funds. It was interesting to watch how students spent their 'money' and which items were highly sought after. It seems we have some future entrepreneurs in our College with some students choosing to team up to spend their money.



AVID GOES DISTRICT WIDE

Teachers from Baldvis Secondary College, Baldvis Primary School and Makybe Rise Primary School are joining forces to be trained in AVID strategies, such as goal-setting, organisation, Cornell note-taking, and time management, with particular focus on incorporating these university-readiness skills into the subject areas of all classes from the ground up. Teachers will be exposed to WICOR (Writing, Inquiry, Collaboration, Organisation, Reading) strategies, in order to show how they can be incorporated into all classrooms to increase the level of rigour and activity and engage all students in all classroom lessons. We have successfully negotiated for two AVID staff developers to travel to WA to run the Student Success strand at Baldvis Secondary College on 9 and 10 December for teachers from across the district.

AVID's mission is to close the achievement gap by preparing all students for university and success in a global society.

At Baldvis SC AVID focuses on Organisation, Personal Management, Exam Preparation and Team Building.

Here at Baldvis SC we know that we will achieve the best outcomes when students, parents and College staff work together. The College believes that if students use the AVID strategies and tools they will be successful. Parents can help by:

- Making sure students have all the necessary equipment
- Helping students get into a routine of checking their binder every day – filing work correctly, replenishing stationery supplies and keeping on top of homework and assignments
- Encouraging students to talk through problems and ask for help before work is due

AVID BINDER

- Leaver arch file
- Front – Name and registration group, nothing else!
- Inside: (From front)
- Binder pouch – clear pouch (so you can see what's in it)
- 1 blue/black pen

Advancement

Via

Individual

Determination

[L. avidus]: eager for knowledge



- 1 red pen
- 2 sharp lead pencils
- Eraser
- Highlighter
- Post it notes
- USB
- Ruler
- 1 Sheet protector – to hold any work that is not punched or needs repair
- Spare paper
- Organisation tab
- Subject tabs (in alphabetical order)
- Work filed behind it in reverse date order (newest stuff on top)

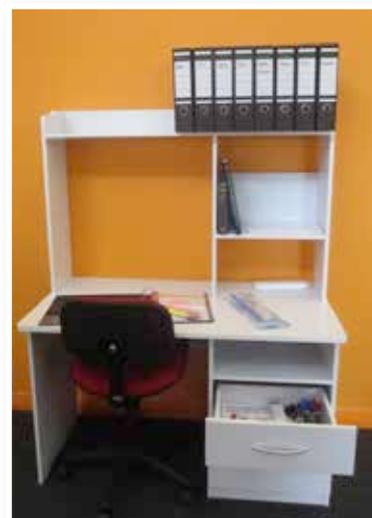
Also taken to school - Pencil case for everything else – scissors, glue, coloured pencils, text as...



AVID GOES DISTRICT WIDE CONTINUED...

Perfect Home Setup

- Desk – space to work
- Good chair
- Power source
- Shelf for files
- 1 file for each subject – use these to store notes from each subject – in reverse order, taken out of your AVID binder
- Resources – dictionary, atlas
- Additional stationery – ready to top up the binder
- **No space to spare?** – have a carton with the binders and supplies that can be stored in a cupboard and brought out for study



BENDIGO BANK

“How would you improve your community?” Competition

The competition is conducted by the Bendigo Bank in Rockingham and is open to all students in years 8 – 10 from schools across the Rockingham area. The competition aim is to engage students with their community, and through hearing the voice of youth, generate quality and innovative proposals for community improvement.

The first round of the competition is held at school level. There

were five teams of students who participated with the winning team of Abigail McLeod and Ashleigh Webber being selected to go through to the next round of the competition. Competing against much older students, the girls were fantastic as they delivered with confidence their idea to improve cycle facilities around the local area.

MOVEMBER

The men at Baldvis Secondary College are ‘mo-ing’ up for Movember! To donate go to <http://moteam.co/baldivis-secondary-college>



IMMERSION PROGRAM

In Weeks 4, 6 and 7 of this term Year 7 students from our partner primary schools of Baldvis Primary School, Makybe Rise Primary School and Settlers Primary School have had a unique opportunity to experience a secondary school environment over an extended period of time whilst at the same time maintaining elements of their own educational program. Over the course of the week students were engaged in a daily educational program and participated in a normal school day/timetable which blends lessons from their primary school teachers combined with lessons conducted by Baldvis Secondary School staff in specialist areas. The outcome we are aiming for is for students and parents to feel comfortable and excited about what secondary school offers and to have clear and realistic expectations for school in 2014.

Quotes from some of the Year 7 students;

"I really liked the science activities we did. My favourite was making the electrical current with the battery and the bulbs"

"The library is so fantastic"

"One of the subjects that is great is food! I absolutely loved it!"

"I enjoyed seeing how welcoming the Year 8's are"

"The cafeteria is AWESOME!!"

FREDDO FROG CUP

The inaugural Freddo Frog Cup has seen teachers put together teams of 8 students to compete against each other in a range of sporting pursuits, essentially for bragging rights!

Each round a new sport is introduced; with teams only competing against each other once before moving into finals.

The teachers leading the teams include Mr Sammut (Sammut's Slayers), Mr Smith (Smithy's Samurais), Mr Hickman (Hicko's Hammerheads), Ms Taylor (Tayl's Timberwolves, Miss Sharp (Sharpies Sharks), and Mrs Summerhayes (Summers Dayz). Once teachers signed up for the cup the hardest part was 'signing' players before other teachers got to them first offering riches, frogs and glory.

Many a controversy arose days before the first round deadline. Nearly every trick in the book was employed to snake players from other coaches.

Round 1 served up a storm with beach volleyball seeing Hickman, Sammut and Smith all victorious, albeit with some very average refereeing!

Round 2 bounced us through the gym doors for games of basketball. Seven minute halves, saw Hickman and Sammut going back to back and Summerhayes getting her foot in the door with a very controversial win (that is yet to be examined by the tribunal) against Smithy's Samurais.

Round 3 kicked off with indoor soccer followed by netball and touch rugby before the finals where sports are yet to be decided.

From a coach and teacher point of view, it is great to see excellent sportsmanship, a willingness to win and a great turnout by all students as spectators cheering on their peers and teachers.

Mr Smith and Mr Sammut



DADS AND KIDS CAMPOUT

On 8 and 9 November Baldyvis Secondary played host to the Dads and Kids Campout, an initiative of the Fathering Project. The goal behind the Campout is to create stronger connections between Dads and their children and to help the Dads support each other in the difficult job of being an effective father.

"Just a fun time with my kids and everyone else. Thanks for the great and timely reminder of making time for my kids"

"Great event"

"Well structured, fun and very good initiative".

"Very well done - thoroughly enjoyable"

"I thought the whole event went very well. This was the first time I had the chance to do this with my son and thought it was a benefit to me"





Having a baby is a life-changing experience.

Being a new mum can bring excitement and happiness, but sometimes also stress.

Taking action to boost your mental health can help you manage the challenges you experience and improve your overall wellbeing. This will help you to feel happy and enjoy your experience as a mum, which will have a positive impact on your baby.

So keeping mentally healthy is as important for you as it is for your baby.

And it's as easy as A-B-C...

Act - Belong - Commit



How can I get involved?

- Talk to a Child Health Nurse - they are a wealth of information and ideas
- Find and join a local playgroup playgroupaustralia.com.au/wa
- Contact your local library - they often deliver sessions for mums and babies
- Surf the web and scan your local newspaper. You can find lots of information about local mothers groups, hobby groups and activities
- Contact your local council and talk to a Community Development Officer



If you need support you can call:

- Parenting WA Line - 24/7 support and information (08) 6279 1200 or 1800 654 432
- Post and Antenatal Depression Association's (PANDA) help-line on 1300 726 306
- Ngala - phone their parenting help-line on (08) 9368 9368 or 1800 111 546 (country)



KEEPING MENTALLY HEALTHY

A Guide For New Mums

actbelongcommit.org.au

Keeping mentally healthy is as important as staying physically healthy, and it's as easy as A-B-C...

act

Keep physically, socially, spiritually and mentally active. Being active helps us cope with stress, builds friendships and lifts our spirits.

Take bub out for a walk, grab a coffee and call a friend, try a new recipe, or find an activity like post-natal pilates classes where you can take baby along and get them involved in your exercise.



Walking is an ideal, low impact exercise for new mums. Many communities have pram walking groups especially for mums. Visit actbelongcommit.org.au or call (08) 9266 3788 to find your nearest group.



belong

Belonging helps build friendships, creates opportunities, strengthens communities and feels good.

Find support networks in your community such as mothers groups and playgroups. Spending time with other new mums sharing your experiences of motherhood can be fun, relaxing and helpful.

Mothers groups are a fantastic way to keep socially active, meet new friends and talk to other mums just like you.

commit

Commitment gives us a sense of meaning and purpose in life which builds our self-esteem and resilience.

Becoming a mum is a big challenge in itself.

So set yourself small, manageable goals and celebrate when you achieve them.

Learn about mindfulness, register for a parenting class or offer to support other parents in need.

The more mentally healthy we are, the happier we feel, allowing us to better cope with problems and stresses in life.



CSIRO LAB ON LEGS

We were fortunate to have the CSIRO Lab on Legs visit Baldivis Secondary College on the 11th November.

The CSIRO Lab is a hands-on science and technology laboratory, which is part of a network of CSIRO Education labs throughout Australia. The aim of the lab is to explore practical applications of science, use specialist equipment and engage in industry-relevant scenarios. The students were introduced to the topic of Plant Tech in a hands-on and engaging one hour program.

END OF YEAR EVENTS FOR STUDENTS

As the end of the year approaches it is time to celebrate the fantastic effort the students have achieved over the past 12 months!

Two events are being planned in the final week of the term to farewell the colleges first year of operation and to congratulate our inaugural year 8 students on completing their first year of high school. On the evening of Wednesday 18 December a Dance will be held in the Performing Arts Centre, followed by the

first ever Boomers Beach Day on Thursday 19 December at the Colleges sponsored beach. Details will be sent home in Week 8.

Ms Taylor

REPORTS

Students have just completed their final set of exams for the year, and one of the main objectives was to expose all students to the process of the NAPLAN testing environment, which they undertake next year. This was the reason we implemented back to back exams being held, which was a first and perhaps a challenge in itself for many students.

Semester 2 reports will be handed out to all students for them to bring home on Wednesday 18th December, which is the

second last day of the school term. Any reports not picked up on Wednesday will be posted home the following day. If you have moved or changed contact details since first enrolling and not updated the college your contact details it is vital that you do so to ensure you receive all information sent from the college.

Mr Martin

DATES FOR THE DIARY

Wednesday, 4 December	P&C Meeting	6.30pm
Saturday, 7 December	Uniform Shop Open	9.30am to 2.30pm
Wednesday, 11 December	Semester 2 Arts Showcase	6.00pm
Thursday, 12 December	Awards Assembly	1.40pm
Wednesday, 18 December	Year 8 Social	
Thursday, 19 December	Boomers Beach Day	
Thursday, 30 January 2014	Contributions & Charges Payment Day	9.00am to 3.00pm
Friday, 31 January 2014	Contributions & Charges Payment Day	9.00am to 3.00pm
Saturday, 1 February 2014	Uniform Shop Open	9.30am to 2.30pm
Monday, 3 February 2014	First Day of 2014 School Year for Students	



COSTS

All uniforms are supplied free as part of the program, excluding boots (which are supplied at a nominal charge to members.)

Rangers are required to participate in various

**Serpentine PCYC
Police Rangers**

Clem Kentish Hall
Wellard Street Serpentine

Every Wednesday 5.30 pm to 7.30 pm
Inquiries: Ph: 9525 2734



**Leap, Challenge,
Achieve**

Boshack

Camp Mornington



2006 Drill Champions

**Serpentine PCYC
Police Rangers**

About our unit

The program is open to all High School students.

We operate in a fun and calm environment where all attendees are encouraged to participate in all activities.

This is a structured program that encourages all rangers to try hard and achieve the challenge.



Achievements

Camp Mornington 2006

Eight of our best rangers took part at Camp Mornington in Harvey where we had to show our camping, navigation, drill and teamwork skills. We came first in the Drill Competition and finished third overall in the Competition.

Police Academy Open Day 's

Winners of Drill Competition 2008 & equal winner 2011, but lost by half a point on count back.



Activities

These are some of the activities that we do.

- Two way radio communication
- Activates days and team challenges
- Drill (2006, 2008 State Champions)
- Bushcraft and survival skills
- Navigation/map reading
- Community service
- First aid
- Camping
- Group outings



Community service

Remembrance Day

The newly formed Serpentine PCYC Police Rangers were invited to participate in the Remembrance Day Service in Byford on the 11th November 2006 for the Serpentine Jarrahdale RSL by raising/lowering of the flag and the laying of wreaths and have continued to assist them on this day as well as the Anzac Day every year since.



Private Gerald Russell

Rangers march and form a catafalque party each year at this Memorial Service in Bedforddale for the Armadale RSL.

Jarrahdale Primary School Quiz Night

Our unit was also involved in the setting up of the Jarrahdale Primary School Quiz night.

Serpentine Jarrahdale Grammar School Breakfast

Serving breakfast at the newly established Grammar School when they had Dr Fiona Wood as guest speaker.

Byford Centenary Fair

We were also invited to help at the Byford Centenary Fair by directing traffic, setting up and helping with other minor jobs.

Motorcross - Byford

Assisting with the parking of those attending the motorcross weekend in 2010.

Australia Day Breakfast

Each year since 2006 the Rangers have served breakfast and various other duties for the Serpentine Jarrahdale Shire at the free breakfast the shire provides for the community on the 26th January.

Serpentine Primary School Auction/Fair

Help with security at their Auction and handed out pamphlets.



ATHLETICS CARNIVAL

- Champion Girl- Brittany Maniherra
- Champion Boy- Ryan O'Keefe
- Runner Up Girl- Brooke Davey
- Runner Up Boy- Nic Fonua
- Runner Up Girl- Kaylie Simpson
- Runner Up Girl- Tayla Phillips

The inaugural Baldivis Secondary College Athletics Carnival finally happened in Term 4 after being postponed by the inclement weather in Term 3.

The day itself was a massive success. To see more students competing than we had sign-up sheets for was unbelievable. The other stand out point, which is a testament to our students, was the 90% attendance rate for the carnival.

The day ran smoothly and kept to schedule with all involved having a great day in both the competitive and novelty events. It was a pleasure to see the willingness of students to help where needed. Without the assistance of all staff and students the day wouldn't have been as successful.

A big thankyou to everyone involved and who helped in the running of the carnival and hopefully next year it will be even bigger and better!

The final standings were as follows:

1st-Rixom	388 points
2nd Peel	381 points
3rd Stakehill	277 points
4th Mackinon	227 points

