



Teen Triple P

Positive Parenting Program is an internationally renowned parenting program being offered to parents along the coastal strip. Parents from across Perth have given it rave reviews.

<http://www.triplep.net/glo-en/home/>

If you are a parent of a teenager, you are invited to:

- Play an active role in guiding and supporting your teenager
- Discuss common parenting challenges that come with the teenage years
- Enrich your parent- teenager relationship
- Explore effective behaviour management strategies.

Remember, you don't have to be experiencing difficulties – Teen Triple P is for **every** parent!

The course runs over five face-2-face sessions. After the first 4 group sessions, there will be three follow-up telephone consultations followed by the final face-2-face/ group session.

These are brief and help you to tailor the program to suit your family. Before the sessions start and when they have finished you will be asked to provide some information about you and your teenager. This information helps in the development of other programs

This course is very useful for parents of Year 7, 8, 9 and 10 students and is open to parents of the following high schools: **Comet Bay College, Warnbro Community High School, Safety Bay Senior High School, Baldivis Secondary College & Rockingham Senior High School.**

Year 6 parents from the feeder primary schools to the high schools listed above are also welcome to attend ☺

Venue: Comet Bay College
Term: Term 3/ 2016
Dates: See attached info –Tuesday evening
Time: 6.30 – 8.30 pm
Parking: Ample parking in parking area
Facilitators:

- WCHS - School Nurse: Leonie Wilson
- CBC-School Psychologist: Olwyn Maddock

Cost: FREE

For more information and to register your interest to attend as soon as possible by returning the slip below or emailing your details to:

- olwyn.maddock@education.wa.edu.au by
- Friday 29th July 2016 **(please don't leave it this late – register online ASAP)**

Triple P Registration Details

Dear Parent,

Warnbro Community High School & Comet Bay College are keen to provide the Triple P – Positive Parenting Program to local schools and we would like to invite you to participate.

If you are interested, please read the info attached and complete your details below, returning to the school **no later than Friday 29th July 2016**. Please ask your child to return the completed form to Administration @ Comet Bay College. Alternatively, you may contact Olwyn Maddock, Triple P Facilitator, on 9553 8100 or via email olwyn.maddock@education.wa.edu.au to register your attendance or to ask any questions you may have.

Course: Triple P Group Teen Program (please see flyer attached)

Where: Comet Bay College - Conference Room

When: 8 sessions (5 group sessions and 3 telephone consultations)

Tuesday	02 nd August	Face 2 Face	6.30 – 8.30pm
Tuesday	09 th August	Face 2 Face	6.30 – 8.30pm
Tuesday	16 th August	Face 2 Face	6.30 – 8.30pm
Tuesday	23 rd August	Face 2 Face	6.30 – 8.30pm
Tuesday	30 th August	Telephone consultation TBA	
Tuesday	06 th September	Telephone consultation TBA	
Tuesday	13 th September	Telephone consultation TBA	
Tuesday	20 th September	Face 2 Face/ Celebration	6.30 – 8.30pm

Cost: **FREE!! Tea, coffee and biscuits provided. Booklet also provided.**

Other Info: Parents will be required to complete a set of questionnaires prior to beginning the first group session and also at the end of the course. **Parents will need to attend every group session for the program to be a success. First in - first served basis☺**



Yes, I am very interested in registering for Triple P and able to attend the dates/times above.

No, I am unable to attend these times/dates, but would be interested in participating in the Triple P program if it was held on another date/time.

Preferred days: Mon Tues Wed Thur Fri Sat Times: am / pm

Name of parent/s attending: _____

Contact email/ph details: _____

Address Details: _____

Teen's name/Year: _____

Signature of Parent: _____

***Please hand this form in to CBC – Admin Office or contact 9553 8100 or email to register.**