



Department of Education
Department of Health

THE FACTS ABOUT VAPING



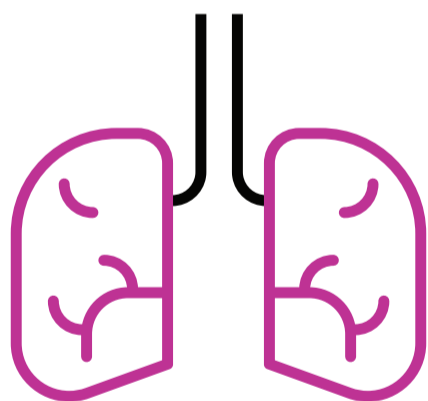
Many vapes contain nicotine making them **very addictive**



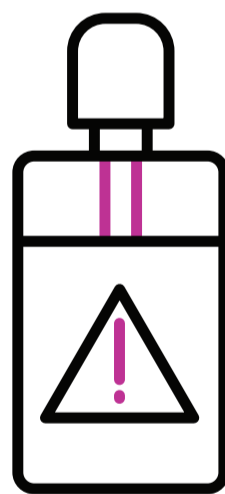
The nicotine in 1 vape can
= 50
cigarettes



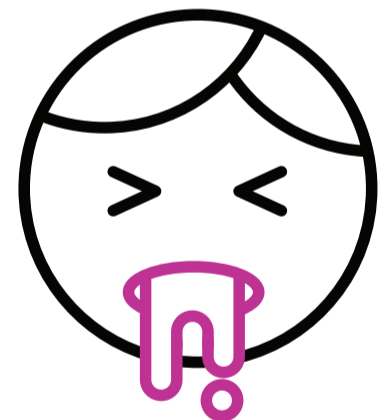
Young people who vape are **3 times** as likely to take up smoking



Vaping has been linked to **serious lung disease**



Vape aerosol **is not water vapour**



Vapes can contain the same **harmful chemicals** found in cleaning products, nail polish remover, weed killer and bug spray.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true. Vapes are not safe.

DO YOU KNOW WHAT YOU'RE VAPING?

If you need support, speak with your teacher or student services staff.